



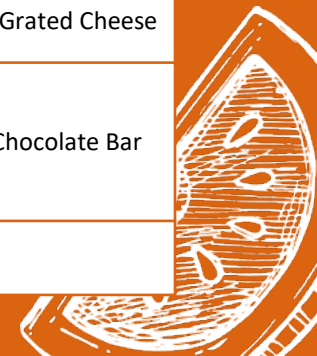


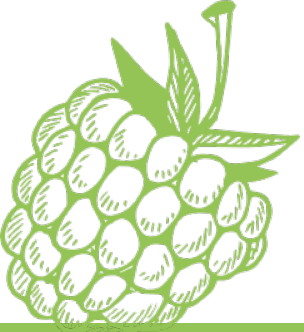


LUNCH

 All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread
MAIN COURSE ONE	Classic Macaroni Cheese with Fresh Basil Pesto	Lemon & Thyme Roasted Chicken	Lincolnshire Sausages with Gravy	Chicken Stroganoff 	Fish Fingers with Lemon Wedges & Homemade Tartar Sauce
MAIN COURSE TWO	Fried Gnocchi with a Tomato & Basil Sauce	Quinoa & Broccoli Tart 	Vegetarian Sausages & Caramelised Onion	Mushroom Stroganoff 	Battered Halloumi with Sweet Chilli Sauce
ON THE SIDE	Focaccia, Roasted Mediterranean Vegetables & Sweetcorn	Colcannon & Green Beans	Mash Potato, Curly Kale & Cauliflower	Braised Rice, Broccoli & Carrots	French Fries, Garden Peas & Sweetcorn
PASTA & JACKET BAR	Jacket Potatoes, Baked Beans & Grated Cheese	Wholemeal Penne Pasta with Fresh Tomato & Basil Sauce Jacket Potatoes, Baked Beans & Grated Cheese	Wholemeal Penne Pasta with Fresh Tomato & Basil Sauce Jacket Potatoes, Baked Beans & Grated Cheese	Wholemeal Penne Pasta with Fresh Tomato & Basil Sauce Jacket Potatoes, Baked Beans & Grated Cheese	Wholemeal Penne Pasta with Fresh Tomato & Basil Sauce Jacket Potatoes, Baked Beans & Grated Cheese
HOT DESSERT	Banana Loaf Cake with Chocolate Chips & Cream	Coconut Rice Pudding with Pineapple & Mango	Pear Crumble with Chocolate Custard	Vanilla Sponge with Butter Icing Topping	Crispy Chocolate Bar
COLD DESSERT	Every day will be... Jelly, Fruit, Yoghurt & Fresh Dessert Pots				



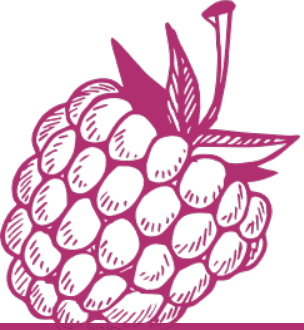


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SOUP	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread
MAIN COURSE ONE	Pasta & Jacket Potato Bar Selection of the following toppings: Chickpea & Sweet Potato Stew, 3 Cheese Sauce, Tomato & Fresh Basil Or Mushroom Sauce 🌍	Stir Fry Chicken with Noodles	Slow Roasted Pork with Yorkshire Pudding	Beef Lasagne 🌍	Fish Fingers with Lemon Wedges & Homemade Tartar Sauce
MAIN COURSE TWO		Singapore Style Tofu Stir-Fry with Noodles 🌍	Mushroom & Spinach Pie	Aubergine Parmigiana	Five Bean & Sweet Pepper Chimichangas 🌍
ON THE SIDE	Carrots & Peas	Cauliflower & Broccoli	Colcannon, Roast Parsnips & Green Beans	Garlic Bread, Carrots & Steamed Broccoli	French Fries, Garden Peas & Sweetcorn
PASTA & JACKETS		Jacket Potato, Baked Beans & Grated Cheese	Wholemeal Penne Pasta with a Fresh Tomato & Basil Sauce Jacket Potato, Baked Beans & Grated Cheese	Jacket Potato, Baked Beans & Grated Cheese	Jacket Potato, Baked Beans & Grated Cheese
HOT DESSERT	Lattice Apple Pie with Cream	Lemon Drizzle Cake	Pineapple & Cherry Upside Down Cake	Bread & Butter Pudding	Chocolate & Orange Cake
COLD DESSERT	Every day will be... Jelly, Fruit, Yoghurt & Fresh Dessert Pots				



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SOUP	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread	Soup of the Day Served with Fresh Bread
MAIN COURSE ONE	Slow Roast Beef	Chicken Tagine 	Homemade Margherita Pizza	Chicken Schnitzel with Curried Mayonnaise	Breakfast Brunch
MAIN COURSE TWO	Feta & Spinach Spanakopita	Chickpea & Sweet Potato Tagine 	Homemade Mixed Vegetable Pizza	Aubergine Schnitzel with Lemon Mayonnaise	Bubble & Squeak
ON THE SIDE	Rosemary Roasted New Potatoes, Sweetheart Cabbage & Cauliflower	Pilau Rice, Broccoli & Carrots	Sweetcorn & Peas	Potato Wedges, Carrots & Green Beans	Hash Browns, Sauté Mushrooms & Roasted Tomatoes
PASTA & JACKETS	Wholemeal Penne Pasta with Fresh Tomato & Basil Sauce Jacket Potatoes, Baked Beans & Grated Cheese	Jacket Potatoes, Baked Beans & Grated Cheese	Wholemeal Penne Pasta with Fresh Tomato & Basil Sauce Jacket Potatoes, Baked Beans & Grated Cheese	Jacket Potato, Baked Beans & Grated Cheese	Jacket Potato, Baked Beans, Grated Cheese
HOT DESSERT	Carrot Cake with Sultanas & Orange Frost	Seedy Fruit Flapjack	Marble Cake With Chocolate Sauce	Dutch Apple & Jam Cake	Chocolate Brownie
COLD DESSERT	Every day will be... Jelly, Fruit, Yoghurt & Fresh Dessert Pots				