

Junior School

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bowl and Broth	Soup of the day Toasted Seeds Crispy Onions Homemade Croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons
Midday Munchies	Macaroni Cheese topped with Roasted Butternut Squash 	Chicken Schnitzel 	Roast Beef and Yorkshire Pudding 	Lamb Moussaka 	Teriyaki Salmon Fillet with Sriracha Mayonnaise
Midday Munchies	Spring Vegetable and Leek Risotto Topped with a Parmesan Crisp 	Panko Breaded Aubergine Melanzane 	Vegetable and Lentil Wellington 	Spinach and Feta Spanakopita Tart 	Ramen Noodle Pot 
Flavour Pairings	Homemade Garlic Bread Tender stem Broccoli Fine Green Beans	Crispy Thyme Potatoes Roasted Mediterranean Vegetables	Fondant Potatoes Baton Carrots Cauliflower Cheese	Wholemeal Pitta Tzatziki Sauce Roasted Courgette and Peppers	Fries Broccoli Florets Steamed Green Beans
Jacket and Pasta Bar	Jacket Potato served with Beans and Cheese	Wholemeal Pasta and Rich Tomato Sauce	Jacket Potato served with Beans and Cheese	Wholemeal Pasta and Rich Tomato Sauce	Wholemeal Pasta and Rich Tomato Sauce
Sweet Delights	Orange Polenta Cake	Austrian Apple Strudel with Cinnamon Cream	Rhubarb and Strawberry Cake served with Custard	Galatouboureko (Greek Semolina dessert)	Chocolate Matcha Pot

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WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bowl and Broth	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons
Midday Munchies	Margaritta Pizza 	Beef Stir-Fry 	Stefania Hungarian Stuffed Meatloaf 	Chicken Shawarma served with Lebanese Garlic Sauce 	<u>Brunch</u> Bacon Sausage Vegan Sausage Bubble and Squeak Hash Browns Scrambled Egg
Midday Munchies	Feta, Olive and Roasted Red Pepper Pizza 	Edamame and King Oyster Mushroom Hoisin Stir-fry 	Red Onion, Purple Broccoli and Goats Cheese Tart Tartan 	Halloumi, Chickpea and Roasted Vegetable Shawarma 	
Flavour Pairings	Sweet Potato Wedges Corn on the Cob	Sesame Noodles Wilted Pak Choi Prawn Crackers	Creamy Mashed Potatoes Roasted Root Vegetables	Pitta Bread Cous cous Roasted Vegetables Lightly Pickled Cabbage	Baked Beans Sauteed Mushrooms Grilled Tomatoes
Jacket and Pasta Bar	Wholemeal Pasta and Rich Tomato Sauce	Jacket Potato served with Beans and Cheese	Wholemeal Pasta and Rich Tomato Sauce	Jacket Potato served with Beans and Cheese	Wholemeal Pasta and Rich Tomato Sauce
Sweet Delights	Churros with Sauce Selection	Coconut Rice Pudding topped with Spiced mixed Fruit	Banana and Date Bread	Nut Free Baklava	Homemade Scones with Jam and Cream

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WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bowl and Broth	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons	Soup of the day Toasted Seeds Crispy Onions Homemade croutons
Midday Munchies	Sweet Potato, Spinach and Lentil Dopiaza Curry  	Beef Meatballs served with a Rich Tomato Sauce 	Spring Roasted Lamb topped with a Broad Bean Relish 	International Day 	Fish Fingers
Midday Munchies	Paneer Korma  	Vegetarian Balls in a Rich Tomato Sauce 	Quorn, Leek and Mushroom Pie 		Stacked Halloumi and Grilled vegetables 
Flavour Pairings	Turmeric Rice Onion Bhaji Cauliflower Aloo Gobi Poppadom's	Spaghetti Homemade Focaccia Bread Fine Green Beans	Roasted New Potatoes Baton Carrots Spring Greens Gravy		Fries Peas Sweetcorn Baked Beans
Jacket and Pasta Bar	Wholemeal Pasta and Rich Tomato Sauce	Jacket Potato served with Beans and Cheese	Wholemeal Pasta and Rich Tomato Sauce		Wholemeal Pasta and Rich Tomato Sauce
Sweet Delights	Lemon and Lavender Drizzle Cake	Chocolate and Orange Tiramisu Pots	Orchard Fruit Streusel Crumble with Custard		Loaded Chocolate Brownie